DEPARTMENT OF COMMUNITY MEDICINE

DR. N. D. DESAI FACULTY OF MEDICAL SCIENCE AND RESEARCH

DHARMSINH DESAI UNIVERSITY

Activity Report: - Health Education

Topic for Health education :- First Aid

Beneficiary (Target group):- 75 students of 12th Std.

Place:- Shri. M. S. Patel High School, Alindra

Date:- 28th June, 2023

Time:- 11:30 am to 12:30 am

Name of Health Educator : - Dr. Nirali Patel, Assistant Professor, Department of Community Medicine

Other team members:- Mr. Prakash Nayak, Health Educator Officer, Department of Community Medicine

Description of Activity:-

Background

First Aid is the first assistance or treatment given to a sick person / casualty for any injury or sudden illness before the arrival of an ambulance, qualified medical / paramedical person or before arriving at a facility that can provide professional medical care. The Health Education session was conducted to raise awareness about how to assist the casualty and provide necessary treatment by using First Aid kit.

Activities

The Health Education session was arranged on 28th June, 2023 at Shri. M. S. Patel High School, Alindra about the topic of First Aid. 75 students of 12th standard were taught about basics of First Aid. The session covered following topics:

- Importance of having knowledge about First Aid
- Respiratory Emergencies (Suffocation, Choking)
- Wounds / Injuries, Fractures (Bandages, Dressing)
- Burns
- Dog Bite, Snake Bite
- Nose Bleed
- Unconsciousness, Hypothermia, Heat Exhaustion
- First Aid Kit

Health Talk comprising of the demonstration of some procedures along with the display of various contents of First Aid Kit were used as a medium to deliver the session.

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